

Federica Gazzano



Born in Torino, Italy on 17th December 1957
Nationality: Italian

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Experiences: summary

Experienced international project manager, I have worked directing groups of people for forty years.

Forty years in the tourism business, organizing itineraries and leading groups of tourists mainly in East & Far East Asia, North America, North and South Africa, Australia and most of European countries. I have directed the training and the teaching in a School for tourist tour directors and congress hostesses for several years in Turin, Italy as well as worked as tourist consultant for the City of Turin, Italy.

I have been planning and supervising the transportation department, the catering department, the welcome department during several big events (from 200 to 3000 people) during business incentive CWT tours around the world.

Manager of Logistics for OBS (Olympics Broadcasting Services) during two Olympic Games, 2006 Turin, Italy and 2008 Beijing, China, which means planning and supervising all services for broadcasting crew in a venue: setting up offices and all services needed in a venue, supervising the accommodation, the catering and supporting all needs of the venue director for the entire crew of around 150/200 people and directing the logistics crew of 10/15 people.

Ten years in the music business, as manager of the logistics working directly with the American Managing Team of the European Tours, which includes managing the transportation system of the crew and the artists during the stage building and during the show, managing the group of runners of around 10/15

people, problem solving all along up to the show time, being a “trait d’union” between the needs of the local Italian promoter and the American management.

Concerts of Michael Jackson, Madonna, Rolling Stones, David Bowie, Bruce Springsteen, U2, Europe, etc

Two years in Milan, Italy in the social service area, head of department for HIV positive people and people with AIDS for a private structure. Planning and managing all activities for 200 recipients: courses of natural diet, alternative medicine, book presentations, conferences, human resources selection, courses for health and relaxation.

Wellness practitioner and trainer for forty years: body therapist and yoga practitioner.

Yoga teacher and **Traditional Thai massage Teacher** in the school I personally opened in Italy.

Professional Art Counselor for 14 years. Helping people to regain their personal faith in life, a better knowledge of their individual strengths through speech and art.

Education

2019-22 150 hrs adjournement Professional Counseling

2020 **Certificate of Thai Massage Supervisor for Teachers**, Federazione Italiana Traditional Thai Massage

2017-19 150 hrs adjournement Professional Counseling

2017 Traditional Thai Massage, Wat Po Style, Shivago School, Savona, Italy

2017 Certificate for Organizer OM Chanting groups, Bhakti Marga

2013-2016 150 hrs adjournement for Professional Counseling

2016 Abdomen Sino -Thai Massage Mantak Chia, Remko, Chiang Mai, Thailand

2016 Master Advanced Stretching in Thai Traditional Massage, Remko, Chiang Mai, Thailand

2016 Master Thai Foot Massage, Omsala, Chiang Mai, Thailand

2016 Master post diploma Art Professional Counselor, EducArte, Turin, Italy

2013, **Anusara Yoga teacher diploma**, 300 hrs - Jayendra Hanley, Andrea Boni, Alessandra di Prampero, Piero Vivarelli

2011 Master in Nada Yoga, Scuola Mediterranea Yoga, Maestro Patrick Torre, Milan, Italy

2010 **Professional Thai Massage Therapist Diploma, TMC School , Chiang Mai , Thailand**

2010 **Yoga Teacher Diploma, Sivananda Yoga Vedanta Forest Academy, Quebec, Canada**

2009 Professional Art Counselor Diploma, Ansuz Scuola per l'Evoluzione Umana, Torino, Italy

2009 **Enrollment Registro Italiano Professional Counselor n. A1802, S.I.Co -Rome, Italy**

2005 Master in Shiatsu Post Diploma (two years) , Shiatsu College CPD, Great Britain.

2004 Professional Ayurvedic Massage Therapist Diploma, Istituto Scienze Umane, Roma, Italy

2000 Professional Shiatsu Therapist Diploma, Istituto Europeo Shiatsu, Italy

1999 **Six months intensive Thai Massage studies in Thailand with Master Pichet Boonthoome**, Chiang Mai, Thailand

1990 - 2010 **Yoga studies with master Sandra Sabatini** (Florence, her master was Wanda Scaravelli who Learned from Yoga Master Iyengar)

1984 -2023 Licence as registered International Tour Leader, Italy

1983 Licence F.I.N.(Italian Swimming Federation) as swimming instructor, Turin, Italy

1979 Licence F.I.N.(Italian Swimming Federation) as lifesaver, 1979 - Turin, Italy

1978 University of Geneva (Switzerland) School for Interpreters and Translators

1977 1st level certificate in English, University of Cambridge (GB).

1977 – 1st level Certificate, 2nd level Diploma in French, University of Grenoble (F)

1976 – Academic year Westminster College, London (GB)

1975 – High School Diploma Maturità Scientifica, Rivoli (Torino), Italy

Foreign Languages

English and French	Good knowledge of both, written and fluently spoken
Spanish	Fair speaking and writing skills
Italian	Mother tongue

Management consultancy and events' organization

2017 up to now Planning and organization spiritual and cultural tours in India
2011 up to now Planning and organization of music events and travels
2010 up to now **Planning and directing** yoga, nada yoga, art counseling and music **events** in collaboration with Contemporary Art Museum Castello di Rivoli, and OGR, Rivoli and Turin (Italy)
2010 Planning and organization in the special musical/theatre event dedicated to India in opening ceremony of 2010 Salone OFF Internazionale del Libro, Turin, Italy
2008 Broadcasting Logistics Manager for Beijing Olympic Games (BOBO) in Beijing World Olympic Games, China
2006 Deputy Broadcasting Logistics Manager for Turin Olympic Broadcasting Organization (TOBO) in Turin Winter Olympic Games, Italy
2002 Hotels contract making for Turin Winter Olympic Games, Jumbo Grandi Eventi, Italy
2000 Location finding for Screenriders, services for cinema, Turin
2000 Teacher of " tourist technique" in the training of hostess and tour leaders for CEFAH,
2000 Revising and updating tourist guide books, Touring Club Italiano, Italy
1982-95 Interpreting and Logistics Manager (accommodation, transportation, catering, production special requests) for American management for international music world tours (Casadei, David Zard, Good Music). Concerts of the following artists: Rolling Stones, Madonna, Michael Jackson, David Bowie, Bruce Springsteen, Europe, Pink Floyd, U2
Since 1988 up to now Planning and Logistics Manager (congress centre, catering, transportation, etc) during special events in incentive operation department for Carlson Wagonlit Incentive House, Italy
1991 Planning and Logistics organisation and managing of medical congresses and sales promotion for Promomeeting, Turin, Italy
From 1990 to 1995 Design of ministerial projects, personnel selection and organisation of courses, seminars, meetings, conferences and book presentations for voluntary associations (Gruppo Solidarietà AIDS, Torino and Association A77, Milan, Italy).
Since 1980 up to now Tour leader, guide and business hostess for tours, incentive groups and conferences throughout the world in collaboration with the most important top Italian tour operators; travel agencies- Chiariva, Elefante Viaggi, Mistral Tour Internazionale, Gastaldi, Carlson Wagonlit, Hotelplan, Catitutura, Amanda, Aston Travel
Profound knowledge of the economic and socio-cultural aspects of Eastern and Far Eastern, North and South African, and North American populations: consultancy for in loco negotiations for hotels, tourism and business.
1980 Writing texts of a historical, cultural and geographic nature for travel agencies and tourist guides.
1985 Consultancy and organisation in travel planning department of l'Arciere Viaggi, Turin, Italy
Tourist information consultant for the City of Turin, Italy.
1982 Teacher of English conversation at the Aldo Moro High School, Turin, Italy.

Translations and Interpreting

Translation of university papers, literature and essays (English and French) with specialisation in cinema, videoart and new age, shiatsu, ayurvedic and thai massage.
Consecutive interpreting (French and English) for numerous business meetings and negotiations

Wellness and body therapies profession

- **Since 1978** Oriental massage practitioner (Shiatsu, Thai Oil Massage, Traditional Thai Massage) treating common people as well as international known artists, film makers and singers.
- **Since 1978** Yoga practitioner.
- **Since 1979** Swimming teacher
- **Since 1991** Shiatsu Professional Therapist
- **1992 - 1993** Planning of services for HIV positive and people in AIDS
- **Organization** of workshops on relaxation programs and workshops with doctors specialized on different alternative medicines. Associazione A77, Milan, Italy
- **Since 2000** Baby Massage therapist and teacher
- **Since 2004** Ayurvedic Oil Massage Professional Therapist
- **Since 2000** Traditional Thai Massage teacher
- **Since 2000** Yoga teacher: Hatha yoga and Raja yoga. Meditation and Yoga nidra (children, adults, pregnancy and elderly).
- **2001- 2004** Teacher of body consciousness and energy work, workshops dedicated to vocal studies with professional singers. Turin, Italy
- **2001- 2004** Director of the project “shiatsu in primary and secondary schools”, Italy
- **Since 2001** Director of the project “updating workshops on baby massage and relaxation techniques for nursery operators.
- **Since 2009** Professional Art Counselor and teacher of Biofonia (technique based on Indian raga vibrational chanting)

Countries where I worked since 1980

Europe : France (***lived 1 year***), Switzerland (***lived 1 year***), Germany, Austria, Holland, Belgium, Great Britain (***lived 3 years***), Spain , Portugal, Greece, Hungary

Africa: Egypt, Tunisia, Morocco, Republic of South Africa, Botswana, Zimbabwe

Asia : Yemen, Iran ,Israel, Turkey, India (***lived 1 year***), Nepal, Sri Lanka, Maldives, Thailand, Laos, Cambodia (***lived 1 year in Indochina***), Vietnam, Japan (***lived 1 month***), People's Republic of China, Tibet and Hong Kong, Philippines, Indonesia and Singapore

America: U.S.A., Canada, Brasil, Ecuador and Galapagos

Australia

Personal specializations in the tourism business (40 years of experience)

U.S.A.

India, Nepal and Tibet

People's Republic of China

Republic of South Africa

Driving licence

Knowledge word and excel

You can browse on my web site www.federicagazzano.it if you wish, translation available.